

SCHOOL LUNCH IDEAS

Mix and Match!

MAIN COURSE

PB+J SANDWICH
HAM AND CHEESE SANDWICH
TURKEY SANDWICH
HAM AND CHEESE ROLL UP
PB BANANA ROLL UP
TURKEY CHEESE ROLL UP
ROAST BEEF WRAP
CHICKEN SALAD WRAP
TUNA SALAD SANDWICH
CHEESE QUESADILLA

GROUND BEEF QUESADILLA
PIZZA SLIDER
PIGS IN A BLANKET
BAGEL PIZZA
HOMEMADE LUNCHABLES
HAM AND CHEESE WRAP
CHICKEN CAESAR WRAP
BBQ CHICKEN SLIDERS
WALKING TACOS
MACARONI AND CHEESE

THERMOS OF SOUP
PRETZELS AND HUMMUS
CHEF SALAD
CHICKEN SALAD
CHICKEN TENDERS
NACHOS
HOT DOG
FISH STICKS

VEGGIES

BABY CARROTS
CUCUMBER SLICES
SLICED BELL PEPPERS
CHERRY TOMATOES
CELERY STICKS AND PB
BROCCOLI FLORETS AND RANCH
SINGLE SERVE PEAS
SINGLE SERVE CORN
SIDE SALAD

FRUITS

APPLE
ORANGE SLICES
STRAWBERRIES
GRAPES
BLUEBERRIES
BLACKBERRIES
PEAR
BANANA
APPLESAUCE
CHERRIES
RASPBERRIES
WATERMELON CUBES
SLICED PINEAPPLE
FRUIT SALAD
RAISINS
DRIED FRUIT MIX
KIWI
DICED MANGO

SIDES

PRETZELS
HARD BOILED EGG
CRACKERS
STRING CHEESE
GRANOLA BAR
TRAIL MIX
RANCH OYSTER CRACKERS
CHEESE CUBES
POPCORN
PUDDING CUP
JELLO CUP
COTTAGE CHEESE
YOGURT
PASTA SALAD
YOGURT PARFAIT
FRUIT SNACKS
GRAHAM CRACKERS
GOLDFISH
CHIPS
CASHEWS
BEEF JERKY
CHEESE PUFFS
VEGGIE STRAWS
CHEX MIX

DRINKS

MILK
APPLE JUICE
SMOOTHIE
WATER
LEMONADE
ORANGE JUICE
ELECTROLYTE DRINK
FLAVORED WATER
SELTZER
KEFIR

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